

The library has plenty of healthy and active living books for all ages. Here is just a sample of few you can find at the Stillwater Public Library.

Books to follow along with yourself...

How do You Wokka-Wokka? by Elizabeth Bluemle
Clap Your Hands by Lorinda Bryan Cauley
Dancing Feet! by Lindsey Craig
Farmyard Beat by Lindsey Craig
Wiggle by Doreen Cronin
Teddy Bear, Teddy Bear, Turn Around by Penny Dann
Jump! by Scott Fischer
Go, Shapes, Go! by Denise Fleming
Nose to Toes, You are Yummy by Tim Harrington
Wiggle, Waggle by Jonathan London
Ready, Set, Skip! by Jane O'Connor
If You're Happy and You Know It! by Jan Ormerod
Can You Make a Scary Face? by Jan Thomas
Is Everyone Ready for Fun? by Jan Thomas
Hop, Hop, Jump! by Lauren Thompson
Hop Jump by Ellen Stoll Walsh
You are a Lion!: and Other Fun Yoga Poses by Taeun Yoo

These books are found in the Easy section under the author's last name.

Books with active characters...

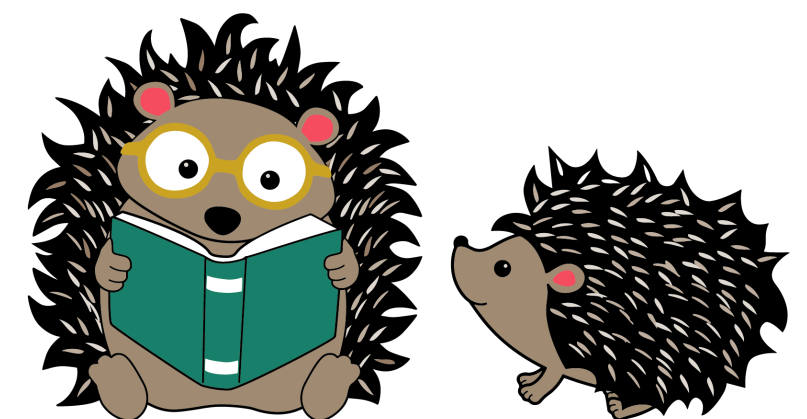
Sally Jean, the Bicycle Queen by Cari Best
Get Up and Go! by Nancy Carlson
I.Q. Gets Fit by Mary Ann Fraser
Jake at Gymnastics by Rachel Isadora
The Happiest Tree: a Yoga Story by Uma Krishnaswami
Tumble Bunnies by Kathryn Lasky
A Morning with Grandpa by Sylvia Liu
I Got the Rhythm by Connie Schofield-Morrison
The Three Ninja Pigs by Corey Rosen Schwartz
Duck on a Bike by David Shannon
Frances Dean who Loved to Dance and Dance by Birgitta Sif

These books are found in the Easy section under the author's last name.

Informative books on active lifestyles...

The Busy Body Book: a Kid's Guide to Fitness by Lizzy Rockwell EASY 612 ROC
Babar's Yoga for Elephants by Laurent de Brunhoff EASY 613.7 BRU
Girl Running: Bobbi Gibb and the Boston Marathon by Annette Bay Pimentel EASY B GIB

These books are found in the Easy nonfiction section using the Dewey Decimal number.



Ask a Librarian for help finding more books about active & healthy living for all ages.