

LOCAL MENTAL HEALTH RESOURCE LIST

Grand Lake Mental Health - Local nonprofit community mental health agency serving all persons & ages served regardless of payment source. Call **(405) 372-2202** or contact via their [Facebook Page](#).

- **Telehealth** appointments available to new and current clients. Call (918) 273-1841
- **24/7 Crisis Line:** 1-800-722-3611
- **Payne County Clinic for Youth Services:** 604 S. Walnut, Stillwater, OK 74074
- **Payne County Clinic for Adult Services:** 1624 Cimarron Plaza, Stillwater, OK 74075

Payne County Health Department Offices – Their locations have iPads that clients can use to access behavioral health services by appointment or walk-in.

- **Stillwater Clinic:** 1321 W. 7th Ave, Stillwater, OK 74074, **(405) 372-8200**
Office Hours: Monday-Friday 8 am to 5 pm
Walk-in Hours: Monday-Thursday 8 am-11 am; 1-4pm & Friday 8am-11am
- **Cushing Clinic:** 1026 N. Linwood, Cushing, OK 74023, **(918) 225-3377**
Office Hours: Tuesday, Thursday, & Friday 8am-12pm; 1-5 pm; Closed Mon/Wed
Walk-in Hours: Tuesday & Thursday 8am-11 am; 1-4 pm & Friday 8-11am

CREOKS Behavioral Health (421 E. Thomas, Stillwater OK 74075) – Nonprofit mental health & substance abuse provider offering TeleMed therapy sessions for children, adults, families and couples. Call **(405) 372-7791**

Stillwater Interfaith Counseling Center (807 S. Pine, Stillwater OK 74074) – Offering treatment for depression, anxiety, relationship issues, marital conflict and communication, self-esteem, loss/grief, spiritual concerns, life changes and transitions. Services provided for children, youth, adults, and couples. Call **405-624-5840**

Payne County Youth Services - Tele-therapy and limited in-person therapy for new and existing clients. Helping homeless youth with placements on a case-by-case basis. Call **405-377-3380**.

Wings of Hope – Advocacy and shelter for victims of domestic violence. Call **405-372-9922** or reach their **24-hour crisis line at 405-624-3020 or 1-800-624-3020**.

Oklahoma State University Center for Family Services (101 Nancy Randolph Davis West, Stillwater, OK 74078) An on-campus, outpatient mental health clinic open to individuals, couples and families. Community members are served on a sliding-fee scale based on yearly income and number of persons living in the home. Currently offering both in-person and telehealth services. Call **(405) 744-3287**

[National Alliance on Mental Illness \(NAMI\), Oklahoma Chapter](#) (3812 N. Santa Fe Ave, Suite 305, Oklahoma City, OK 73118) – Stillwater is part of NAMI North Central Oklahoma, which is an affiliate of NAMI OK.

Call toll free at 1-800-583-1264.

[Military Crisis Line](#) – Provides phone, text messaging, and online chat support for all Service members, including members of the National Guard and Reserve, and all Veterans, even if they are not registered with VA or enrolled in VA health care. **Call 800-273-8255, then press 1 OR access online chat by texting 838255.**

[Alcoholics Anonymous \(AA\) Oklahoma](#) – Find local meetings and resources.

[Al-Anon](#) – Support for families and friends who are worried about someone with a drinking problem. [Search for a local or virtual meeting here.](#)

[Narcotics Anonymous \(NA\) Oklahoma Eastern Area](#) – Information about in-person and virtual meetings in Eastern Oklahoma. Find a meeting and link to other regions.

[Celebrate Recovery](#) – A faith-based support program that helps individuals with addictive, compulsive and dysfunctional behaviors.

- [Eagle Heights Baptist Church](#) - 2617 N. Jardot, Stillwater OK 74075, **(405) 624-3422**
- OSU Celebrate Recovery – 201 S. Hester, Stillwater OK 74074 **(405) 762-0461**
- First Christian Church – 300 E. Moses, Cushing OK 74023 (281) 686-6587

Emergency Support Numbers:

- **Grand Lake Mental Health Crisis Line:** 1-800-722-3611
- **NAMI OK Helpline:** 1-800-583-1264 (M-F, 9am-4pm)
- **NAMI Crisis Text Line:** Text “NAMI” to 741-741 (24/7 crisis support via text)
- **OK Dept. of Mental Health Reachout Hotline:** 1-800-522-9054 (24 hours)
- **National Suicide Prevention Lifeline:** 1-800-273-8255
- **SAMHSA Disaster Distress Hotline:** 1-800-985-5990 or text “TalkWithUs” to 66746
- **Domestic Violence/Wings of Hope:** 1-800-624-3020
- **Safeline (National Domestic Violence):** 1-800-799-7233
- **Youth Crisis and Runaway Hotline:** 1-800-448-4663
- **Child Abuse Hotline:** 1-800-522-3511
- **National Human Trafficking Hotline:** 1-888-373-7888

Updated 3/10/21